



Autism Specialist Programme - Understanding and Working with ASD

Introduction

'Autism is a spectrum condition. All autistic people share certain difficulties, but being autistic will affect them in different ways. Some autistic people also have learning disabilities, mental health issues or other conditions, meaning people need different levels of support. All people with autism learn and develop. With the right sort of support, all can be helped to live a more fulfilling life of their own choosing'. (The National Autistic Society, 2016)

<https://www.autism.org.uk/about/what-is/asd.aspx>

CAMHS Tier 2 and the Educational Psychology Service (EPS) have jointly developed a multi-agency training programme to develop practitioner's knowledge and understanding of ASD. The comprehensive training and development programme will be delivered by professionals and practitioners who have a strong understanding of ASD. The course facilitators will equip staff with the knowledge, skills and techniques that can be applied in a variety of settings and which are relevant to children, young people and their families with a range of needs.

Learning Outcomes

Delegates attending these sessions will be able to:

- Have an increased understanding of key concepts and be able to recall theories relating to autism, as well as feeling confident to describe and explain autism to others.
- Explain how to adapt communication in order to encourage interaction, shared attention and effective communication
- Identify sensory processing differences and consider ways to support children/young people
- Describe key ideas relating to emotional well-being and have knowledge of evidence-based interventions and strategies for promoting positive well-being
- Use (and support others to use) a variety of behaviour analysis tools and plan appropriate behaviour interventions.
- Demonstrate increased confidence in identifying and making changes to their own practice to positively support people with ASD

Audience	Youth, Sports and Culture, Social, Family and Voluntary Support, Justice and Crime Prevention, Health, Education, Early Years and Childcare, Business Support
Age Ranges	0 - 5 yrs / 5 - 7 yrs / 7 - 11 yrs / 11 - 19 yrs
Trainer	Various Trainers, Fiona Cane

Start Date	Venue	Times	Event Code
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