



First Aid at Work 3-day

Introduction

The 3 day First aid at work course is designed to provide delegates with greater in depth knowledge of life saving techniques and first aid skills, ensuring the safety of individuals across low and high risk environments. This course is mapped to the requirements on First Aid put forward by the HSE (Health and Safety Executive).

This course is for individuals who want to receive a thorough level of training and are often the site or premises designated first aider.

The facilitators are highly skilled and knowledgeable, ensuring the session will be a valuable source of information for the relevant staff member.

Successful students receive an accredited certificate which is valid for 3 years. Students are then recommended to maintain their knowledge by attending the Emergency First Aid at Work 1-day course which acts as a refresher.

Learning Outcomes

On completion of training the delegate who has completed the assessment will be able to:

- Illustrate an understanding of how to act and what actions to take in emergency situations relating to adults.
- Identify an emergency situation and respond with the appropriate action.
- Identify and where applicable administer first aid skills needed in an emergency situation.
- Demonstrate an understanding of the roles required of the designated first aider.
- Identify which techniques should be used in specific emergency situations.

Audience	Youth, Sports and Culture, Social, Family and Voluntary Support, Justice and Crime Prevention, Health, Education, Early Years and Childcare, Business Support
Age Ranges	0 - 5 yrs / 5 - 7 yrs / 7 - 11 yrs / 11 - 19 yrs
Trainer	Charlotte Collyer

Start Date	Venue	Times	Event Code
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