



## Attachment: Impact on Practice - Level 2

### Introduction

This series of three courses will focus upon how an improved understanding of attachment strategies can inform work with children, young people and families, and offer an additional lens through which to attempt to understand their behaviour in the home, in placements, and in educational settings. The courses will also introduce ideas of how workers and carers for vulnerable children and young people can adapt their ways of working in order to promote best outcomes for the children.

This course follows on from Attachment: An Introduction- Level 1. It will look in further detail at attachment theory and how to use your understanding of attachment to best support children and young people. The main focus of Level 2 will be the ways in which workers and carers for vulnerable children and young people can adapt their ways of working in order to use their relationships to promote best outcomes for the children.

This is multi-agency training suitable for professionals working with children and young people who have a solid understanding of attachment theory (in particular, Patricia Crittenden's Dynamic Maturational Model) or who have attended the level 1 course.

### Learning Outcomes

At the end of this session, participants will be able to;

- Identify ways of adapting their practice to suit the likely attachment strategies of their clients. For example, helping children using Type A strategies to identify their dismissed feelings; helping children using Type C strategies to develop more ordered stories which balance thoughts and feelings.
- Describe the ways in which their working practices are already consistent with the Secure Base Model.
- Describe additional strategies which they can implement in their relationships with children, young people and families.
- For those working in educational settings: To be able to offer attachment-informed interpretations of children's behaviour in the classroom, and to use these to develop a range of interventions and responses which focus upon predictability and attunement from workers, in order to help the child to feel safe.
- Work in a more trauma-informed style, by incorporating knowledge of the impact of trauma and loss upon children, young people and adults.
- Describe the impact of perceived danger upon the brain, and to have an increased range of strategies for promoting safety within relationships.

Audience	Youth, Sports and Culture, Social, Family and Voluntary Support, Justice and Crime Prevention, Health, Education, Early Years and Childcare, Business Support
Age Ranges	0 - 5 yrs / 5 - 7 yrs / 7 - 11 yrs / 11 - 19 yrs / 19 yrs
Trainer	Lydia Guthrie

Start Date	Venue	Times	Event Code
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