



Solution-Focused Communication with Children and Young People

Introduction

Good communication is central to working with children, young people, families and carers. It helps build trust and is key to establishing and maintaining relationships in the home. Communication is an active process that involves listening, questioning, understanding and responding. A crucial element of effective communication is to understand the developmental stage and needs of the child or young person.

The Solution-Focused model emerged from the therapeutic arena of Family Therapy in the 1980s. Since then, its principles have been applied to a wide range of fields. The model requires practitioners to adopt a collaborative, personalised, strength-based approach. In addition, the Solution Focused approach has demonstrated a capacity to engage young people and parents who might traditionally be described as 'reluctant' as well as a tendency to build cooperation and partnership. The approach is typically experienced by users as empowering and sensitive to diversity, whilst practitioners benefit from its proven track record in supporting and nurturing their enthusiasm, creativity and hopefulness. This busy and active day will contain a lively mix of presentation, demonstration, experimentation and discussion.

Please note that this session will be delivered virtually, joining instructions will be emailed to confirmed bookings 24 hours before the course start date.

Learning Outcomes

By the end of this session participants will be able to:

- Explain the importance of effective communication
- Identify critical skills, knowledge and characteristics of an effective communicator
- Identify effective ways of communicating with children and young people
- Identify the main barriers to communicating with children, young people and their families
- Understand the philosophy behind solution-focused interventions
- Know when solution-focused approaches are the most appropriate strategies to use
- Demonstrate using solution-focused conversations for supporting individuals
- Consider how solution-focused conversations can move people towards recovery

Audience	Youth, Social, Family and Voluntary Support, Justice and Crime Prevention, Health, Education, Early Years and Childcare
Age Ranges	0 - 5 yrs / 5 - 7 yrs / 7 - 11 yrs / 11 - 19 yrs / 19+ yrs
Trainer	Tori Davey

Start Date	Venue	Times	Event Code
25 Nov 2020	Home Study, N/A, N/A	10:00 to 12:00	EDU 20/527

