



## Working with ADHD - Level 2

### Introduction

This course will build on content from the 'Introduction to Attention Deficit Hyperactivity Disorder (ADHD)' level 1 course. By the end of this course practitioners who are working directly with children and young people and/or their families will have the essential knowledge and understanding of ADHD, enabling them to work more effectively with those children and families. The course will particularly focus on supporting and managing ADHD in children and young people.

Attendance at level 1 ADHD training is required before commencement of this course.

ADHD is thought to affect 3-9% of school-age children and young people in the UK (NICE 2013). It is essential that these individuals have a positive experience of care and support. For this to be achieved staff need a good understanding of ADHD and how to work effectively with the difficulties in their role.

The training will be led by AfC practitioners who are all too aware of the local context. They will share their own experiences and will be able to discuss and signpost local provision.

### Learning Outcomes

On completion of the course delegates will have:

- an increased and more in depth understanding of ADHD.
- an understanding of various strategies used to manage some of the difficulties associated with ADHD.
- practical experience in using strategies to manage some of the difficulties associated with ADHD.
- more confidence in supporting children and young people with ADHD and their families.

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| Audience   | Youth, Sports and Culture, Social, Family and Voluntary Support, Justice and Crime Prevention, Health, Education, Early Years and Childcare, Business Support |
| Age Ranges | 0 - 5 yrs / 5 - 7 yrs / 7 - 11 yrs / 11 - 19 yrs / 19 yrs   |
| Trainer    | Sophie West, Claire Berry   |

| Start Date  | Venue  | Times          | Event Code                   |
|-------------|--|----------------|------------------------------|
| 12 Mar 2020 | King Charles Centre Surbiton, Hollyfield Road, KT5 9AL | 09:30 to 16:30 | <a href="#">SFVSS 19/242</a> |
| 24 Jun 2020 | Twickenham Training Centre, 53 Grimwood Road, TW1 1BY  | 09:30 to 16:30 | <a href="#">SFVSS 19/243</a> |

