



Introduction to ADHD - Level 1

Introduction

This course will enable practitioners working with children and young people and/or their families to increase their understanding of Attention Deficit Hyperactivity Disorder (ADHD). The course will provide an overview of what ADHD is and the impact it has upon school and home life. By the end of the day practitioners will have the essential skills and knowledge to better support children and their families locally.

ADHD is thought to affect 2-5% of school-age children and young people in the UK (NICE, 2018). <https://www.nice.org.uk/guidance/qs39/documents/care-and-support-for-people-with-adhd-must-be-improved-says-nice>

It is essential that these individuals have a positive experience of care and support. For this to be achieved staff need a good understanding of ADHD and how to work effectively with the difficulties in their role.

No prior knowledge of ADHD is required; this is an introductory level course and is open to all practitioners working with children and young people.

Learning Outcomes

By the end of the course delegates will:

- Be able to describe their understanding of ADHD.
- Have an understanding of the evidence base for various interventions for ADHD.
- Be able to outline how ADHD is diagnosed in the local area and have an awareness of their role in this process.
- Have an increased level of confidence in supporting children and young people with ADHD and their families.

Audience	Youth, Sports and Culture, Social, Family and Voluntary Support, Justice and Crime Prevention, Health, Education, Early Years and Childcare, Business Support
Age Ranges	0 - 5 yrs / 5 - 7 yrs / 7 - 11 yrs / 11 - 19 yrs
Trainer	Sophie West, Claire Berry

Start Date	Venue	Times	Event Code
9 Jan 2020	King Charles Centre Surbiton, Hollyfield Road, KT5 9AL	09:30 to 16:30	SFVSS 19/239
6 May 2020	Twickenham Training Centre, 53 Grimwood Road, TW1 1BY	09:30 to 16:30	SFVSS 19/240