



## ADHD Specialist Programme - Understanding and Working with ADHD

### Introduction

Attention deficit hyperactivity disorder (ADHD) 'is thought to affect 3-9% of school-age children and young people in the UK' (NICE 2013). It is essential that these individuals have a positive experience of care and support. For this to be achieved staff need a good understanding of ADHD and how to work effectively with the difficulties in their role.

Children with ADHD often need particular support and this programme will provide practitioners with key hints and tips on how they can best support young people who have a diagnosis of ADHD. In addition practitioners ought to be supporting parents of children with ADHD in understanding their child's behaviour and how they can develop strategies to manage it.

This comprehensive training and development programme is designed to follow on from ADHD level 1 and ADHD level 2. It will be delivered by professionals and practitioners who have a strong understanding of ADHD. The course facilitators will equip staff with the knowledge, skills and techniques that can be applied in a variety of settings and which are relevant to children, young people and their families with a range of needs.

### Learning Outcomes

Delegates attending these sessions will be able to :

- Demonstrate an increased understanding of key concepts and theories relating to autism, as well as feeling confident to describe and explain autism to others.
- Explain how to adapt communication in order to encourage interaction, shared attention and effective communication  
Identify sensory processing differences and consider ways to support children/young people
- Describe key ideas relating to emotional well-being and have knowledge of evidence-based interventions and strategies for promoting positive well-being.
- Use (and support others to use) a variety of behaviour analysis tools and plan appropriate behaviour interventions.
- Demonstrate increased confidence in identifying and making changes to their own practice to positively support people with ASD.

Audience	Youth, Sports and Culture, Social, Family and Voluntary Support, Justice and Crime Prevention, Health, Education, Early Years and Childcare, Business Support
Age Ranges	0 - 5 yrs / 5 - 7 yrs / 7 - 11 yrs / 11 - 19 yrs / 19 yrs
Trainer	Jo Steer, Claire Berry, Amrita Basu

Start Date	Venue	Times	Event Code
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